

The Self-Determined Learning Model of Instruction:



Phase 1 - Set a Goal



Name:



Date:



1 What do you want to learn or do to help you be



independent?



2 What do you already know about your goal? Give details.



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3 What must change for me to learn what I don't know about my goal?



4 What can I do to make this happen? Think of One step?



I have listed a goal that I am proud of. My goal is :



and



I am ready to work hard to achieve my goal and get what I want.



END OF PHASE 1 - GO TO PHASE TWO ON: _____

