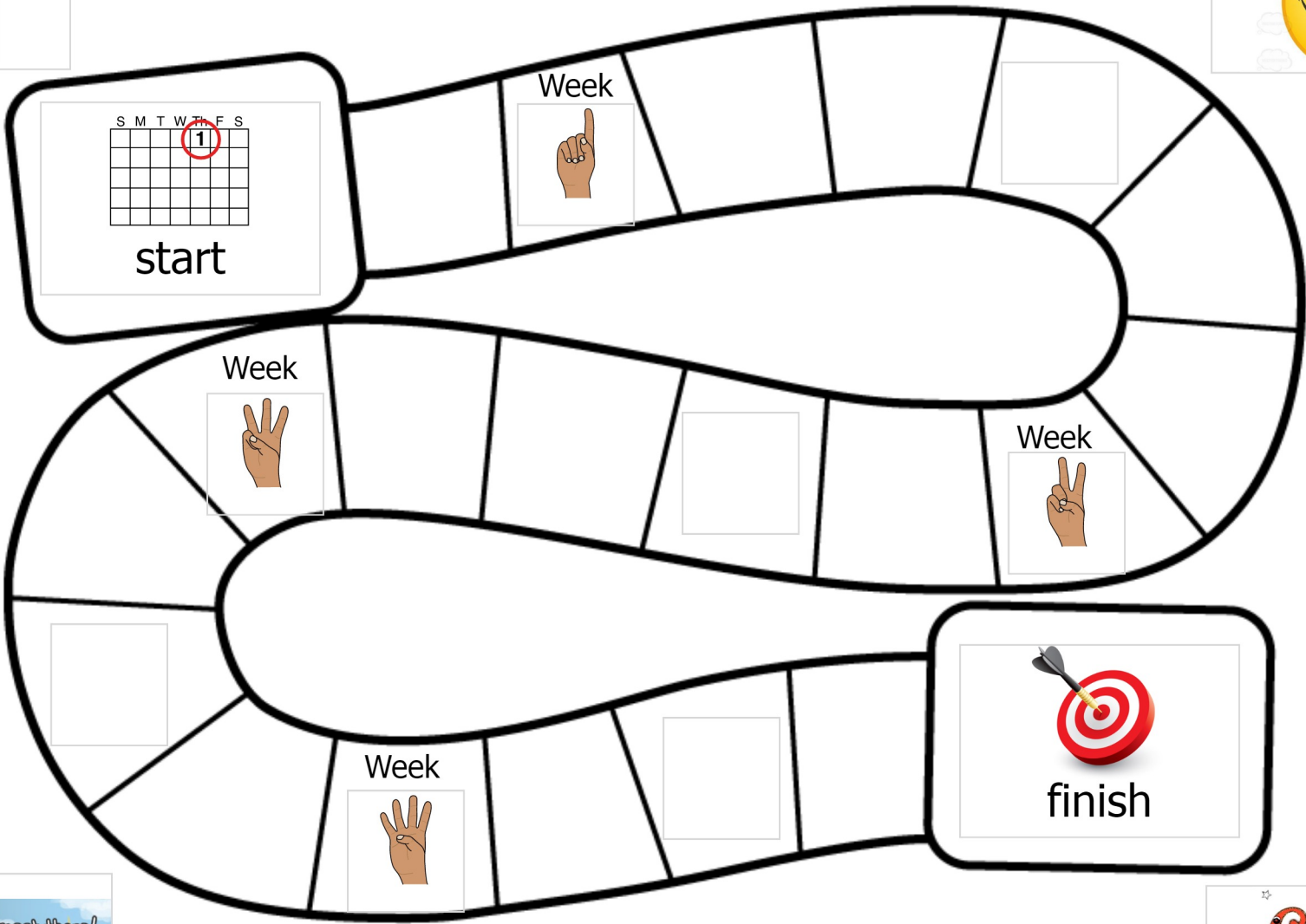


YOU  
CAN  
DO IT!

Don't  
Forget!



S	M	T	W	T	F	S
		1				

start

Week



Week



Week



Week



finish

don't stop now, you're almost there!



CONGRATULATIONS